Our Physical Wellness App will, when loaded, ask the user to either make an account or log in if they already have a previous account. Once they create an account, a new screen will appear asking them to input the current year. They will then be asked to input the current date and the activity that they wish to view their progress on or update. Then a new page will load where they can view their statistics on the activity in question and update the information based on anymore exercise they completed that day. That new data will then be uploaded to the statistics page for the viewer to see.

Now in terms of the developer. They will also have an account on the app, but their account will give them access to another option when selecting an activity. They will be able to view the entire groups statistics in the current activity. Another option they will have is after they log in, they will be able to customize and send a notification to the other account holders on the app about the current challenge.

A screenshot of a computer

Description automatically generated